

## Massage Therapy

### Simply Bliss Signature Swedish Massage

These full body massages are customized to relieve tension and stress, detoxify and stimulate circulation. Choose from our many fragrant essential oils and enjoy warm towels that will help melt away any lingering tension.

60 Minutes --- \$70.00  
90 Minutes --- \$100.00

### Simply Bliss Signature Deep Tissue Massage

A moderate to deep tissue massage designed to increase flexibility, relieve soreness, and speed muscle recovery resulting from over-exertion or intense exercise. It is ideal before and after intense physical activity.

60 Minutes --- \$80.00  
90 Minutes --- \$110.00

### Simply Bliss Signature Stone Massage

This therapy is widely known for its deeply relaxing benefits. It employs a technique that uses smooth heated basalt stones that are incorporated into a relaxing massage to melt away any knots, tension and stress. The hot stone experience relieves pain, promotes harmony, balance and peace.

60 Minutes --- \$80.00  
90 Minutes --- \$110.00

### Simply Bliss Pregnancy Massage

A gentle massage specifically designed for the moms-to-be. Combination of pillows and heated massage oils will relieve any neck, hip, lower back and leg pain. Available during second and third trimester only.

60 Minutes --- \$70.00

## Gentle Hair Removal

Satin-smooth skin for weeks with no irritation.

Eyebrows --- \$12	Full Legs --- \$60 / Half-Legs --- \$40
Lip or chin --- \$7	Legs & Bikini --- \$65
Underarm --- \$25	Legs & Brazilian --- \$85
Bikini --- \$30	Full Arms --- \$40 / Half-Arms --- \$35
Brazilian --- \$50	Men's back/upper arm --- \$55

## Skin Care

### Simply Bliss Signature European Facial

Experience this customized luxurious facial that will address your needs for natural cleansing, exfoliation, toning actions and re-hydration. This relaxing treatment helps to promote a healthy and balanced appearance. Using Ilike, All-Organic Products.

60 Minutes --- \$70.00

### Simply Bliss Signature Deep Cleansing Facial

This customized facial treatment brings a multi-faceted approach to treating acne and helps to clear the skin without dehydrating and irritating effects. With a special focus on skin exfoliation, extraction and visible redness reduction, the skin's appearance will improve helping to correct as well as prevent future blemishes. Using Ilike, All-Organic Products.

60 Minutes --- \$80.00

### Simply Bliss Gentlemen's Facial

This European Facial is specifically designed to treat gentlemen's needs. It helps soothe irritated skin caused by daily shaving and exposure to external aggressions. It will leave skin refreshed and energized. Using Ilike, All-Organic Products.

60 Minutes --- \$70.00

## Nail Care

### Simply Bliss Express Manicure & Pedicure

Short on time? This quick manicure and pedicure includes a polish removal, clip, buff, file, shape and polish to give you a cool and refreshed look.

Express Manicure --- \$18.00  
Express Pedicure --- \$30.00  
\*add \$5 for French kissed manicure or pedicure

### Simply Bliss Spa Manicure & Pedicure

Our unique spa treatment therapy focuses on providing deep relaxation, extreme exfoliation, energizing circulation, and smooth as silk hydration.

Spa Manicure --- \$25.00  
Spa Pedicure --- \$40.00  
\*add \$5 for French kissed spa manicure or spa pedicure

## Haircuts & Styles

Shampoo & Style --- \$20  
Dry Cuts --- \$25  
Ladies Shampoo, Haircut & Style --- \$30 and up  
Roller Set --- \$20  
Roller Wrap --- \$35  
Bang Trim --- \$7  
Gentleman's Haircut --- \$17  
Mustache, Beard and Brow Trim --- \$10  
Ladies Virgin Relaxer --- \$70  
Ladies Relaxer (Touch-up) --- \$65  
Brides Wedding Trial --- \$40  
Brides Wedding Up Do --- \$65  
Bridal Party Wedding Up Do --- \$55

## The Le Bliss

Shampoo, Cut, Style, Color, Highlights and Conditioning Treatment --- \$150

## Child's Haircut & Style

Ages 0-5 --- \$10  
Age 6-12 Boys --- \$10  
Age 6-12 Girls --- \$15

## Color Services

Touch-Up Background (Base) Color --- \$55  
One Process Color --- \$65  
Toner --- \$15  
Glossing --- \$25  
Full Highlights --- \$90  
Partial Highlights/Lowlights --- \$65  
Additional Color --- \$10/color  
Double Color (Base w/Highlights) --- \$110  
Color Corrective/Color Removal --- \$95 (Need Consultation Prior to Service)  
Curl Permanent --- \$75  
Spiral --- \$120  
Anti-Curl --- \$90

*Escape the stress of your world as you step into ours...*

## *Simply Bliss Spa Escapes*

### **Mini Getaway**

Includes a 30 Minute Swedish Massage and a 60 Minute European Facial  
Option- 60 Minute Massage/30 Express Facial

---\$105.00

### **2 Hour Escape**

Includes a 60 Minute Swedish Massage and a 60 Minute European Facial

--- \$135.00

### **Simply Bliss Vacation**

Includes a 90 Minute Massage of your choice combined with another 90 minutes of pampering that includes a Luxurious European Facial, a body wrap, and an express manicure and pedicure.

--- \$255.00

### **Simply Bliss Spa Mani/Pedi Treat**

---\$65.00

### **Monthly Bliss**

With our new Monthly Bliss program we offer a simple, inexpensive, and very convenient way to ensure you will always receive your favorite massage and/or facial every month. Simply choose the type of massage or facial you like best, and we will set you up in our pre-paid program at the special Monthly Bliss rate. Then just schedule at your convenience to receive your favorite massage or facial service every single month. Because you deserve to take care of yourself regularly, we have created this discounted pre-paid program to make sure you do...

Sound blissful? Call us TODAY to start your Monthly Bliss!

The Quick Rundown on Monthly Bliss:

For the duration of membership, Monthly Bliss Members:  
- get their favorite massage and/or facial at 10% off  
- enjoy 10% off any other service at the spa

**Check us out on Facebook and the web at  
[www.simplybliss.biz!!!](http://www.simplybliss.biz!!!)**



**11393 Ridge Road  
King George, VA 22485**

**540.775.1818**

HOURS  
TUES 10AM - 5PM  
WED 10AM - 6PM  
THURS 10AM - 7PM  
FRI 10AM - 5PM  
SAT 10AM - 3PM

**~walk-ins welcome~**

---

texture cuts . short cuts . men haircuts . children  
haircuts . ethnic hair . glossing . highlights .  
lowlights . corrective color . touchups . relaxers .  
perms . formal hair . spa manicures . spa  
pedicures . European facials . deep cleansing  
facials . organic facials . stone massages . Swedish  
massage . deep tissue massage . gentle waxing

